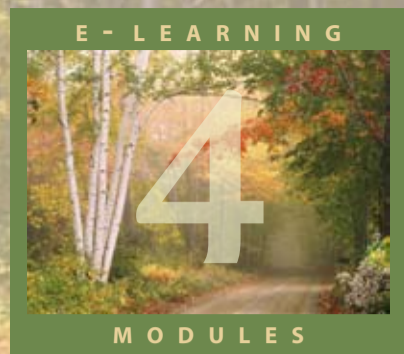


# Welcome to NPCI Continuing Education Credits



## Narrative Practice and Collaborative Inquiry Study Group

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**Peggy Sax**, Ph.D., guides this learning module within the NPCI Study Group

## NPCI E-Learning Module 4

### Special Topics in Narrative Practice

- The Absent but Implicit
- Collaborative Inquiry in Action
- Children and Their Families
- Imaginative and Playful Approaches
- Letter-writing
- Narrative medicine
- Mental Illness and the Psychiatric Discourse
- Narrative Research
- The Archives of Resistance
- Radical Externalizing
- In the Aftermath of Suicide
- Trauma and Narrative Practice

#### Overview

This learning module offers a variety of special topics of interest where members can earn CE credits through their studies and online discussion. Each special topic includes resources from the study group media library and online sources. Study group members will earn twelve CE credits for participating in six special interest topics. We will continue adding to the following list, in response to emergent interests of study group members. Any special topic can also become a future learning module for more in-depth study.

David Epston, co-founder of narrative therapy, will be our online correspondents. Guest authors also include: Maggie Carey, Dean Lobovits, Rick Maisel, Sallyann Roth, Shona Russell, Gaye Stockell, and Karen Young.

#### The absent but implicit (2 CE)

##### Readings

- "Re-engaging with history: The absent but implicit" by Michael White (2007)
- "The Absent but Implicit: A Map to Support Therapeutic Inquiry" by Maggie Carey, Sarah Walther and Shona Russell (2009)

#### Collaborative inquiry in action (2 CE)

##### Readings

- "From the theory to the practice of inquiring collaboratively: An exercise in and clinical example of an interviewee guided interview" by Sallyann Roth (2007)
- "Unsuffering" by David Epston (2008)

#### Children and their families (2 CE)

##### Readings

- "About narrative therapy with children and their families" by Jenny Freeman, Dean Lobovits and David Epston, authors of the book *Playful Approaches to Serious Problems*. (1997)  
<http://www.narrativeapproaches.com/ntwc.htm>
- "Engaging young persons in externalizing conversations: Developing abilities and knowledge" by David Epston & Sallyann Roth (1995)
- "Expressive arts therapy" by Jenny Freeman (1997)

#### Imaginative and playful approaches (2 CE)

##### Readings

- "Community approaches - real and virtual - to stealing" by David Epston and Fred Seymour (2008)
- "Haunting from the future: A congenial approach to parent-child conflicts" by David Epston (2006)

**Letter-writing** (2 CE)**Readings**

- 📖 "Teaching letter-writing" by Peggy Sax (2008)
- 📖 "Annals of the new Dave: Status: abled, disabled, or weirdly abled" by David Epston, Dean Lobovits, and Jennifer Freeman with an introduction by Sharon Murphy (1997)
- 📖 "Eight Letters in an anti-anorexic journey" by Anna, Sarah and Ann Epston (2000)

**Narrative medicine** (2 CE)**Readings (Recordings)**

- 📖 "A shifting view of medicine that stresses the importance for the wounded person to tell about the wound." A brief recording from John H. Lienhard's series at The University of Houston's College of Engineering describes how Anne Hawkins (1993) invented the word "pathography" -- the patient's story of his illness in *Reconstructing Illness*, and Arthur Frank *The Wounded Storyteller*, (1995) talks about the narrative power that the wound gives the storyteller.  
<http://www.uh.edu/engines/epi1139.htm>.
- 📖 "The art of medicine" by Murat Gunel, a neurosurgeon at Yale School of Medicine.  
<http://www.mefedia.com/entry/murat-gunel-the-art-of-medicine/26136826>. On "The Moth Radio Show," Podcast, November 30, 2009.
- 📖 "Listening generously": An excellent interview on the radio show "Speaking of Faith" of "Rachel Naomi Remen" (*Kitchen Table Wisdom: Stories that Heal and My Grandfather's Blessings*), who is training physicians to "listen generously."  
[http://speakingoffaith.publicradio.org/programs/2008/listening\\_generously/](http://speakingoffaith.publicradio.org/programs/2008/listening_generously/)

**Mental illness and the psychiatric discourse** (2 CE)**Readings and Recordings**

- 📖 "Towards collaboration: Raymond's story" by Gaye Stockell & Marilyn O'Neil (1994)
- 📖 "Reclaiming the honor of our ancestors" by Margriet Boom (2008) and her song, "The Echo of Your Voice"

**Narrative research** (2 CE)**Readings**

- 📖 "Toward co-composing an evidence base: The narrative therapy re-visiting project." Karen Young, and Scot Cooper (2008)
- 📖 "Finding common ground: Parents speak out about family-centered practices " Peggy Sax (2007)

**The archives of resistance** (2 CE)**Readings**

- 📖 "The Archives of Resistance – Anti-anorexia/anti-bulimia" by David Epston and Rick Maisel (2000)
- 📖 "The history of the archives of resistance" by David Epston and Rick Maisel (2000)
- 📖 "Introductory essay – Fighting words" by David Epston and Rick Maisel (2000)

**Radical externalizing** (2 CE)**Readings**

- 📖 "Separating the person from the problem" by David Epston (2000)
- 📖 "Moral duelling: Anorexia versus anti-anorexia" by David Epston (2000)

**In the aftermath of suicide** ( 2 CE)**Readings**

- 📖 "Narrative coaching in a professional community after a suicide" by Pierre Blanc-Sahnoun (2009)
- 📖 "A letter and community conversation in the aftermath of suicide" by "Chava" and Peggy Sax (2009)

**Trauma and narrative practice** (2 CE)**Readings and Recordings**

- 📖 "Children, trauma and subordinate storyline development" by Michael White (2005)
- 📖 "Consequences of trauma:" audio tape (December, 2005, Evolution of Psychotherapy gathering in Anaheim, CA.)

**Guest Authors include**

**Maggie Carey** has practiced narrative therapy since the early 90's and has taught it for the past 10 years. Maggie's therapeutic practice has seen her working alongside young people at risk, with women and children who live with the effects of violence and abuse, and with people having experienced trauma, particularly as refugees. Maggie was a member of the Dulwich Centre Teaching Faculty for many years and has taught narrative therapy in many local and international contexts.

**David Epston**, MA – co-founder of narrative therapy – is co-director of the Family Therapy Centre in Auckland, New Zealand and Visiting Professor, School of Human Sciences and Community Studies, UNITEC Institute of Technology, Auckland. David has published widely, and is an international workshop presenter. He co-produces the website- [www.narrativeapproaches.com](http://www.narrativeapproaches.com). with Dean Lobovits and Jennifer Freeman

**Dean Lobovits**, MA practices as a Marriage and Family Therapist in Berkeley, California. He is the co-author of several excellent articles and books that we explore on the study group forum: "Public practices: An ethic of circulation," (1995), *Playful Approaches to Serious Problems: Narrative Therapy with Children and their Families* (1997) with Jennifer Freeman and David Epston; "Annals of the new Dave," (Geko 3, 1997: reprinted on [http://www.narrativeapproaches.com/narrative%20papers%20folder/new\\_dave.htm](http://www.narrativeapproaches.com/narrative%20papers%20folder/new_dave.htm)). Dean is also the webmaster for the website [www.narrativeapproaches.com](http://www.narrativeapproaches.com), which he co-produces with David Epston and Jennifer Freeman.

**Rick Maisel**, Ph.D is an adjunct professor at Alliant International University in San Francisco and at The Wright Institute in Berkeley, California. He maintains a private practice in Berkeley. Rick has published extensively on Narrative Therapy and on Anorexia/Bulimia and has presented his work at conferences in the United States and abroad. He is the author (along with David Epston and Ali Borden) of the book *Biting the Hand that Starves You: Inspiring Resistance to Anorexia/Bulimia* (Norton, 2004).

**Sallyann Roth**, MSW (<http://www.sallyannroth.com/bio.html>) is a founding member and Senior Associate of the Public Conversations Project, an Associate of the Taos Institute, and served as Co-Director and Trainer at the Family Institute of Cambridge for almost two decades. She has taught in the graduate programs in social work at both Smith and Simmons Colleges, consults to the Interpersonal Skills Component of Harvard Law School's Project on Negotiation, and is on the editorial board of *Family Process* and the international advisory Board of the on-line *International Journal of Collaborative Practices*. She maintains a private clinical, consulting and training practice in Medford, Massachusetts.

**Shona Russell**, MA Sydney, Australia, started exploring narrative ideas and practices 20 years ago in Sydney, whilst working in community mental health services. Working in partnership, she introduced narrative conversations to people experiencing severe mental illness concerns and as a new approach to therapeutic group work. In her independent practice, Gaye continued to explore narrative practices through her conversations with families, couples and individuals as well with the counselors, psychologists and social workers she meets in consultations. Her consultation/ supervision work has been in the areas of sexual assault, mental health, drug and alcohol, adolescence and services for people who are homeless. She has taught at universities and institutions in Australia and overseas, including the USA, Cuba, New Zealand, Italy, Paris and the UK.

**Peggy Sax**, PhD is in independent practice in Middlebury Vermont as a family therapist, psychologist, consultant, workshop presenter and instructor. The article "Finding common ground: Parents speak out about family centered practices" (2007) offers recommendations by parents of young children with mental health concerns from a participatory action research project.

**Gaye Stockell**, MA., Sydney, Australia, started her exploration of narrative ideas and practices 20 years ago in Sydney, whilst working in community mental health services. Working in partnership, she introduced narrative conversations to people experiencing severe mental illness concerns and as a new approach to therapeutic group work. In her independent practice, Gaye continued to explore narrative practices through her conversations with families, couples and individuals as well with the counselors, psychologists and social workers she meets in consultations. Her consultation/supervision work has been in the areas of sexual assault, mental health, drug and alcohol, adolescence and services for people who are homeless. She has taught at universities and institutions in Australia and overseas, including the USA, Cuba, New Zealand, Italy, Paris and the UK.

**Karen Young**, MSW, is a faculty member with Brief Therapy Training Centres International (a division of the Hincks-Dellcrest Institute) teaching in the Institute's Narrative Therapy Training Program and in the year-long clinical extern program in Brief and Narrative Therapy. She is a therapist with 25 years of experience working with children and families and has situated her therapeutic conversations within narrative practices for 20 years. Karen has provided narrative training and consultation to many agencies throughout Canada and assisted several to plan and initiate their own walk-in clinics. Karen has contributed numerous publications regarding the application of narrative therapy including papers published in the *Journal of Systemic Therapies*.

For further information about guest authors, online resources and readings, go to [reauthoringteaching.com/learning\\_modules](http://reauthoringteaching.com/learning_modules)